



## Trash and waste

A **trash room** is located at the beginning of the walkway, on the left when exiting the elevator. However, it is **recommended** to use the large **outdoor bins** located by the roadside outside the building.

**Selective sorting** is in place for cardboard, glass, and household waste. 🌍♻️

## Ski locker Access

Each apartment has a **ski locker** located on **level -1**. To access it from the apartments, take the elevator to level -1. The door to the locker room opens with the same key as your locker, which is **numbered the same as your apartment**.

From the **entrance hall**, you can also take the **staircase** down.

If you are outside, there is a door at the bottom of the slope, on the right side of the building. This door must be used when wearing **ski boots**. 🧤 You can also access **the ski area** from this door via the ski locker room.

## Ski-in Access

To return from your ski session, you can access the building **ski-in**. Simply follow the signs for "**Club Med**." You will pass above the **summer toboggan** run, then through a tunnel that leads to the Club Med forecourt. Continue straight for about **100 meters**, then turn **left** and follow the trail.

When the trail curves to the right and the slope steepens, you will see our building on the **right**. Go **around** it on the **left** and take the **narrow** passage. This will bring you directly to the **ski locker room** door. 🧤

## Useful Numbers

Gendarmerie : +33 4 76 80 32 44

Municipal Police : +33 4 76 11 21 09 - +33 6 22 26 03 05

Medical Emergency : 15

## House Rules for the LES MELEZES Building



 **22h00-9h00**

Ici, **chacun** a **son rythme** et profite de ses vacances comme **il le souhaite**. Il y a des **sportifs** qui se lèvent tôt, des **enfants** qui se lèvent tard ou tout simplement des **personnes** désirant **se reposer**. Il y a aussi ceux qui veulent profiter de **la vie nocturne de la station**. Dans tous les cas, **entre 22h00 et 9h00**, je suis **responsable** en respectant le **sommeil** de mes **voisins** et je **limite le bruit** dans les parties communes et dans mon appartement.

Here, **everyone** has their **own pace** and enjoys their vacation **as they wish**. There are **athletes** who wake up early, **children** who sleep in, or simply **people** looking **to rest**. There are also those who want to enjoy the **nightlife of the resort**. In any case, **between 10:00 PM and 9:00 AM**, I am **responsible** and I **respect** my neighbors' **sleep** and **minimizing noise** in the common areas and within my apartment.



Toutes les infos sur l'immeuble et la station  
[www.lesmelezes.info](http://www.lesmelezes.info)



Portées **aux pieds**, je fais beaucoup de **bruit** et je **réveille** les personnes qui veulent profiter d'une **grasse matinée** ou les **enfants** qui font la **sieste**. **Soyez responsables** : les chaussures de ski se **portent à la main** ou se rangent dans le **casier à ski**.

Worn **on feet**, I make a lot of **noise** and **wake up** people who want to enjoy a **lazy morning** or **children** who are taking a **nap**. Please **be responsible**, ski boots should be **carried by hand** or stored in the **ski room**.



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## Resort

Situated between the **Northern and Southern Alps** on a beautiful plateau at 1,800 meters above sea level, **Alpe d'Huez** offers access to 250 km of ski slopes. It is also one of the sunniest resorts in the French Alps. Its slopes are connected to those of **Oz**, **Vaujany**, and **Auris-en-Oisans**.

Famous as one of the iconic spots of the **Tour de France**, Alpe d'Huez boasts a packed events calendar year-round, both in winter and summer. The resort is also home to France's longest ski run: the **Sarenne**, with a 2,000-meter vertical drop over 16 km. 🏔️🧊



<https://www.alpedhuez.com/>

## Parking

The nearest free parking (300 meters away) is **Les Bergers**, located at **L/M5** on the resort map.



<https://www.alpedhuez.com/fr/hiver/station/plans-de-la-station/>

## Ski Slope Map



<https://www.alpedhuez.com/fr/hiver/ski/plans-des-pistes/>

## Mountain Bike Trail Map



<https://www.alpedhuez.com/fr/ete/velo/espace-vtt/>

## Hiking trail Map



<https://www.alpedhuez.com/fr/ete/montagne/randonnee/>

## Laundromat

LAV'ALPE/LAVERIE AUTO 7/7 10h-18h 4 Pl. Jean Moulin, 38750 Huez



<https://maps.app.goo.gl/e8xdEXEBXUZjF55u7>

## Les BERGERS shopping Center

Located 250 meters from our buildig, you'll find :A medical center, a pharmacy, a supermarket, the ski school, the lift ticket office, several restaurants, multiple ski and bike rental shops, a cheese shop, an ATM, souvenir shops 🛒🏃🚲



<https://maps.app.goo.gl/Co6t2kxvd8tji4qf7>

## Restaurants in the resort

There are plenty of dining options in the resort, but here are our recommendations:

- **La Fondue en Folie:** Fondue experts at reasonable prices ☐.
- **Le Trappeur:** The best burgers in Alpe d'Huez 🍔.
- **Restaurant du Chamois d'Or:** Located within the hotel of the same name, it features a beautiful terrace. Great value for money with high-end service. Celebrities are often spotted here ★.
- **Le Puits des Saveurs:** Unique chefs offering dry-aged and smoked ribeye from the valley. Their Dauphiné ravioli, served under a cloche, is a surprising experience 🍷 ✨.
- **Le Génépi:** Bistronomic cuisine 🍷 🍴.

## Festive Après-ski

The **MOOSE BAR** offers a unique concept: a nightclub-style atmosphere from 3:00 PM to 9:00 PM. This chalet is located near the Les Bergers parking lot.

## Delivery and Takeout Restaurants

Several restaurants offer home delivery. Since the list may change over time, it's best to check the resort's Facebook group for up-to-date information. A reliable option is **PAPAPIZZA** for delicious pizzas 🍕📱.



Take-away restaurants

<https://www.alpedhuez.com/fr/hiver/comme-au-resto/>



Pizza delivery ALLOPAPAPIZZA

<https://www.facebook.com/Allopapapizza>



FACEBOOK of ski resort

<https://www.facebook.com/groups/654660111801793>



# Ski Routes and Mountain Bars &

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## The Authentic Option: Restaurant de la Combe Haute

Located in the stunning Sarenne Gorge, this place is perfect when the weather is cloudy, and other sunny terraces are unavailable.

- **Cuisine:** Traditional French dishes, simple yet delicious.
- **Natural Décor:** The Sarenne river offers breathtaking views, especially in winter, with spectacular ice formations and trees covered in frost. ☁️
- **Indoor Atmosphere:** A fireplace is lit every day, perfect for a hot coffee or mulled wine.

### Access:

1. **Experienced Skiers:** Take the Sarenne black run via the Marmotte 1, 2, 3 lifts or the Grandes Rousses cabins, followed by the Pic Blanc cable car.
2. **Accessible to All:** From the Bergers area, follow the route towards Alpauris.

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## The Festive Option: La Folie Douce

A must-visit for those who love a lively, festive atmosphere.

- **Recommended Restaurant: LA FRUITIÈRE**
  - **Suggested Time:** Book for 2:00 PM, near the festive area.
  - **Menu:** Creative, refined cuisine; more expensive but exceptional.
  - **Reservation:** Check their website for menus.
- **Access:** Marmotte 1 chairlift, accessible to skiers and pedestrians.
- **Highlight:** An unforgettable atmosphere combining fine dining and festivities. 🎉

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## La Plage des Neiges

A renowned mountain restaurant in Alpe d'Huez, ideal for relaxation.

- **Cuisine:** Homemade, family-style, and generous.
- **Main Highlight:** South-facing terrace with views of surrounding peaks. ☀️

### Easy Access:

- **Skiers:** Green slope Jeux via DMC 1 or the Jeux chairlift.
  - **Pedestrians:** DMC 1 or the lakes loop.
  - **Tip:** Book the day before to guarantee a table. 📞
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### Anti-Crowd Option

Avoid long lines at the Marmottes chairlift:

- Head to the **Alpe Auris chairlift**.
  - Explore the sunny and peaceful slopes of the Auris ski area.
  - Enjoy a tranquil setting while skipping the wait. 😊
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### Be the First at Pic Blanc!

To ski down the freshly groomed Sarenne run:

1. Arrive early for the Marmotte 1 chairlift opening.
  2. Take the Grandes Rousses gondola at its mid-station.
  3. Be one of the first on the Pic Blanc cable car. 🏂
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### Go See the Sea of Clouds: A Breathtaking Sight

Experience this magical natural phenomenon where the mountains appear to float above the clouds.

- **Recommended Viewpoint:** Villard Reculas.
  - **Access:** Villard slope.
  - **Capture the Moment:** Incredible landscapes, perfect for panorama lovers. 📸
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## The Great Ride for Experienced Skiers

A varied and spectacular itinerary:

1. Start: Top of the Grandes Rousses (DMC 2).
2. Descent via Vaujany and the La Fare run.
3. Ascend via the Enversin cabins to Vaujany.
4. Cross through the forest on the La Vaujaniate slope.
5. Return to Alpe d'Huez via the Dôme des Rousses. 🌲 ⛷️

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## Competition Vibes

For skiing enthusiasts:

- **Location:** Terrace at the top of the Signal.
- **Highlight:** View of the competition stadium and training sessions.
- **Atmosphere:** Dynamic and sporty, perfect for a snack break while watching the competitors. 🏆